



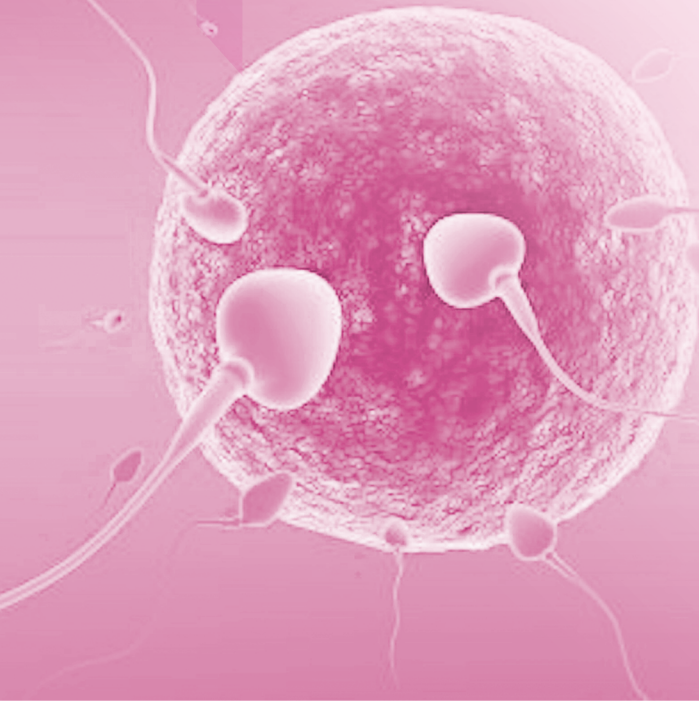
**INDIRA IVF**  
FERTILITY & IVF CENTRE

# UPLIFT

UPDATES ON LATEST IN FERTILITY TRENDS

**14<sup>th</sup>-15<sup>th</sup> Feb 2020, Udaipur, India**

Venue: Radisson Blu Udaipur Palace Resort & Spa  
Time: 12:30 pm to 5:30 pm



## *Invite*

### **Dear Doctor,**

UPLIFT – Updates on Latest in fertility Trends is a MASTER CLASS IN ART to be held at Udaipur from Feb 14<sup>th</sup> to Feb 15<sup>th</sup> 2020.

UPLIFT is a National forum organized under the aegis of CME Foundation of India in association with Indira IVF towards a sole objective of having a shared learning with eminent ART experts across globe and India.

This Master class of the master's in ART will be focusing on the upcoming trends in ART –

1. Progesterone primed ovarian stimulation and poor responders
2. Oocyte and embryo cryopreservation
3. What's new in ART? Latest in technological updates and clinical controversies

Apart from a scientific feast on latest in ART; UPLIFT brings to you an opportunity to liaise with International & National Experts in ART and get their perspective on treatment modalities and approach towards similar cases in their practice.

We welcome you to the city of Udaipur – city of lakes with a golden opportunity to be one amongst the elite group of ART specialists and thereby taking individual learning to a new threshold.

We look forward towards your presence and participation thus making UPLIFT a true uplift in skills and knowledge.

Kindly register for the program early to avoid non-availability of seats as this is a limited-edition MASTER CLASS in ART.

Regards

**Dr. Sunil Pandey**

Director

CME Foundation of India

**Dr. Kshitiz Murdia**

Director

Indira IVF Hospital Pvt. Ltd

## *National Faculty*



**Dr. Kshitiz Murdia**

Medical Director, Indira IVF

**Dr. Kshitiz Murdia** was one of the youngest doctors in India performing IVF in the year 2010. He holds a fellowship in infertility from Singapore and has attended many national and international conferences. He has also delivered lectures on many scientific topics. His passion for his work has made him achieved the Young Achiever Award in Rajasthan in 2014. He mainly looks after Patient Treatment Protocols, Documentation & Medical Records Department, Ethical & Transparent Protocol Enforcement and also has an experience in performing more than 12000 IVF cases

## *International Faculty*



**Dr. Sergio Soares**

M.D., Ph.D.

**Dr. Sergio** is the Director of IVI Lisbon Portugal. He completed his medical school, residency in Obstetrics and Gynecology and obtained a Master's degree in Gynecology at the Universidade Federal de Minas Gerais, Belo Horizonte, Brazil. He also obtained a Ph.D. in Cellular Biology, Physiology, and Immunology from the Universitat Autònoma de Barcelona, Spain. He then worked on his postdoctoral specialization at IVI Valencia for 5 yrs.

Dr. Sergio has around 36 publications in peer-reviewed and international journals. He has been an esteemed speaker at various national and international conferences. In India previously he was a speaker at IFFS conference in 2016 at New Delhi. His research interests include the impact of cigarette smoking on reproductive health; endometrial receptivity and prevention of Ovarian Hyper Stimulation Syndrome.

## *International Faculty*



**Dr. Peter Platteau**

M.D., F.R.C.O.G. (London)

**Dr. Peter Platteau** is a senior consultant in Reproductive Medicine at UZ-Brussels, Brussels, Belgium. He completed his medical education from esteemed universities like the University of Natal, Durban, South-Africa; University of Newcastle, UK; Monash University, Melbourne, Australia and the Free Flemish University of Brussels, Belgium.

Dr. Peter Platteau has published over 60 articles in peer-reviewed journals and authored several international medical books. He has been the Co and head investigator in different international clinical trials in the field of fertility. He has been invited as a speaker at over 400 International conferences and has been an organizer of several international workshops in the field of fertility. He was awarded as the "Best Young Clinician" by the Fertility Society of Australia at the IVF world congress, Sydney 1999.

## *International Faculty*



**Professor Dr. Nikolaos P. Polyzos**

M.D., Ph.D.

**Dr. Polyzos** is the Clinical and Scientific Director of the Department of Reproductive Medicine of Dexeus University Hospital in Barcelona Spain. He is a Professor of Gynecology in the Faculty of Medicine and Pharmacy in the Free University of Brussels in Belgium and a Professor of Reproductive Endocrinology in the Department of Clinical Medicine at the University of Aarhus in Denmark. Professor Polyzos is the principal investigator in several large pioneering multinational trials and a key opinion leader in the field of Reproductive Medicine for the treatment of poor ovarian responders in IVF programs, prediction of ovarian response and premature ovarian aging, with more than 150 invited lectures in international congresses.

He is a member of the ESHRE guideline development group for ovarian stimulation and has served as an Editorial Consultant for the PIER (Physician's Information and Education Resource) of the American College of Physicians (ACP). Professor Polyzos has published more than 130 publications in peer-reviewed journals indexed in Pubmed with more than 2400 citations and an h index of 28 in ISI web of Science. His research interests include reproductive endocrinology, ovarian reserve markers, poor ovarian response to stimulation and genetics of premature ovarian aging.

## *National Faculty*



**Dr. Sachin Kulkarni**

M.B.B.S., M.D. (Obstetrics and Gynecology)

**Dr. Sachin Kulkarni** is a Consultant in ART and reproductive medicine at Sunanda Fertility Clinic, Branch of Pristine Women's Hospital. He is also an Associate Professor at D Y Patil Medical College, Obstetrics and Gynecology department. He also owns and practices at the recurrent pregnancy loss clinic at the Marvel fetal medicine unit which is recognized by "Fetal Medical Foundation UK for Data Collection". He completed his medical education from Mumbai and is trained in IVF from the department of reproductive biology, Walsgrave hospital, Warwick University, UK. He has rich clinical experience in the fields of IVF, Reproductive Medicine and PCOS.

He is a member of FOGSI Kolhapur, the European Society of human reproduction and embryology, the American society of reproductive medicine and The Endocrine Society (USA). He has participated in various national and international conferences. He has been invited as an esteemed speaker at various national and international conferences which includes the ACOG conferences. He is an active researcher on PCOS. He is also working on a MAPIN Trial collaborative research regarding the metabolic assessment of PCOS affected women's in India.

## *National Faculty*



**Dr. Nayana Patel**  
M.D., F.I.C.O.G.

**Dr. Nayana Patel** is the Medical Director at Akanksha Hospital and Research Institute located in Anand city of Gujarat. She is considered a pioneer in the field of IVF and Surrogacy in India. 1420 surrogates babies born till 4th July 2019 of her center. She runs "Anand Surrogate Trust", "SurroMaa" and "SRT IVF Charitable Trust" which work for wellbeing and betterment of Surrogate mothers, their family and IVF patients. Dr. Patel was invited at Oprah Winfrey Show, HardTalk, TEDTalks (TEDx) and JoshTalk. She has been awarded the "Women Leadership and Excellence Award" by the High Prince of Nigeria in 2017 and with "Dr. Shobhnaben A. Shah Rotating Trophy" for 2006-07 by IMA Gujarat for best social work in Medical Practice.

She has been the President - State Obst. & Gynaec society of Gujarat (SOGOG) in 2010. Dr. Patel is a much sought after speaker and has delivered numerous lectures at various National and International Conferences. Being academically oriented, she is actively involved in basic and clinical science research and authored many research articles, case reports, book chapters, and newsletters. Currently, she is researching on investigating Ovarian Biomarkers in PCOS affected women. Apart from that, there are many Molecular & Genetic studies going on at her center.



## *National Faculty*



**Dr. Manish Banker**

M.D., FICOG

**Dr. Manish Banker** is an infertility specialist and the Medical Director of Nova IVF Fertility Clinics having 19 clinics in 15 cities and Pulse Women's Hospital Ahmedabad. He has done his under graduation and post graduation with honors, from VS Medical College and Hospital, Ahmedabad. After completing his studies, he had advanced training in IVF and Endoscopy in Australia and Germany. He has been one of the pioneers in IVF in India and started his IVF practice in 1996.

He has been selected for the prestigious Dr. B. C. Roy National Award for the year 2017 by the Medical Council of India in the category of "to recognize the best talent in encouraging the development of specialties in different branches of medicine".

He is Course Director and PG teacher for the 2 year Fellowship in Reproductive Medicine offered by the National Board of Examinations and is also the Course Director of the 1 year fellowship in ART offered by Nova IVI fertility. He has been the President of the Indian Society for Assisted Reproduction (ISAR) and Chairman of the infertility Committee of Federation of Obstetric and Gynecological Societies of India [FOGSI]. He sits on the International Affairs Committee of the American Society for Reproductive Medicine, Board of Directors of Pacific Rim Society of Reproductive Medicine and Surveillance Board of IFFS. He is a Member of the Draft Committee for ART Bill of India, I. C. M. R., Ministry of Health and is the Regional representative for the International Committee for Monitoring ART [ICMART], a WHO affiliate.

He has also been a Founder Board Member of Asia Pacific Initiative on Reproductive Endocrinology [ASPIRE] [2006 – 2008]. He is the Scientific Co Chair of IFFS 2016. He is on the editorial board of the Journal of Human Reproductive Sciences [JHRS] and Clinical and Experimental and Reproductive Medicine [CERM] and a reviewer for RBM Online

Dr. Banker has delivered numerous orations and talks at International and National Conferences, has to his credit numerous publications and has contributed many chapters to text books. He has published the National ART Registry of India for more than 10 years.



## UPDATES ON LATEST IN FERTILITY TRENDS

14<sup>th</sup>-15<sup>th</sup> Feb 2020, Udaipur, India

### Agenda

TOPIC	FACULTY	TIME
<b>Day 1, 14<sup>th</sup> Feb 2020</b>		
<b>Check-in and Registration</b>		12:30-01:30 pm
<b>Lunch</b>		01:30-02:30 pm
Introduction and setting the objectives		03:00-03:30 pm
<b>Session 1: Progesterone in Ovarian stimulation with focus on PPOS; COS regimens in poor responders</b>		03:30-06:00 pm
Progesterone assays in COS and it's significance	Dr. Nicolas Polyzos	03:30-03:50 pm (15 min talk and 5 min discussion)
New stimulation regimens : endogenous & exogenous progesterone use in COS	Dr. Peter Platteau	03:50-04:30 pm (30 mins talk and 10 mins discussion)
<b>Coffee Break</b>		03:30-03:45 pm
Premature progesterone elevation in controlled ovarian stimulation and it's importance on implantation in fresh & frozen cycles	Dr. Nayana Patel	04:30-05:00 pm (20 mins talk and 10 mins discussion)
Capsule talk 1: Poor Ovarian Response	Dr. Nicolas Polyzos	05:00-05:20 pm
Management of poor responders (Panel discussion)	Moderator: Dr. Sergio Soares Panel Member: Dr. Peter Platteau	05:20-06:00 pm
<b>Coffee Break</b>		06:00-06:15 pm
Visit to Indira Fertility Academy		06:30 pm onwards

# Agenda

TOPIC	FACULTY	TIME
<b>Day 2, 15<sup>th</sup> Feb 2020</b>		
Capsule Talk 1 : Poor Ovarian reserve	Dr. Nicolas Polyzos	09:00-09:20 am
<b>Session 2: Freeze All and oocyte cryopreservation program: Where do we stand?</b>		09:20-12:00 am
Embryo Freeze All: Indications and Risks	Dr. Sergio Soares	09:20-09:50 am
Oocyte cryopreservation: Indications and Risks	Dr. Sachin Kulkarni	09:50-10:20 am
<b>Coffee Break</b>		10:20-10:40 am
Higher cancer risk in oocyte cryopreservation pregnancies?	Dr. Kshitiz Muradia	10:40-11:00 am
Panel Discussion Dissecting freeze in ... freezing on the go decision making	Moderator: Dr. Sachin Kulkarni	11:00-11:45 pm
Capsule Talk 2: Donor IUI outcomes in different collectives: heterosexual couples, single women and lesbian couples	Dr. Sergio Soares	11:45-12:10 pm
Capsule Talk 3: Exogenous LH in COS for high responders	Dr. Peter Platteau	12:10-12:30 pm
<b>Lunch Break</b>		12.30-01.30 pm
<b>Session 3: What's New in ART???</b>		01:30-04:00 pm
PGT all or none	Dr. Nicolas Polyzos	01:30-1:50 pm
niPGT	Spain igenomix	01:50-02:20 pm
AI/Time lapse imaging	TBD	02:20-02:40 pm
Oocytes quality or quantity: What do we aim in 2020	Moderator: (Dr. Nicolas Polyzos)	02:40-03:15 pm
Summary & Closure	Dr. Kshitiz Muradia	03:15-03:30 pm
<b>Coffee Break</b>		03:30-03:45 pm
<b>Visit to Indira IVF facility in batches</b>		03:45 pm onwards

The Agenda may undergo minor changes